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Gundersen Lutheran's Bereavement Services has long recognized the importance of bereavement care. Beginning with hands-on care for families experiencing perinatal loss, and the creation and implementation of our RTS course in perinatal loss and newborn death in 1981, Bereavement Services has extended bereavement training throughout the hospital, into our regional clinics, and beyond. Today, Bereavement Services has trained more than 30,000 healthcare professionals in all 50 states, the Philippines, Switzerland, England, Ireland, Italy, Germany, Japan, Spain, and Canada. Our vision is to train all healthcare professionals so they are skilled and competent in supporting dying patients and grieving friends and family.

EDUCATION CREDIT

To receive contact hours, nurses, social workers, and chaplains must be present for 16 hours of RTS Bereavement Training and 8 hours of RTS Coordinator Training.

Nursing Credits

RTS Bereavement Training: 14 RTS Coordinator Training: 7

Gundersen Lutheran, La Crosse, WI, is approved as a provider of continuing education in nursing by the Wisconsin Nurses Association Continuing Education Approval Committee, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the California Board of Registered Nursing, provider #12245 for 14 and 7 contact hours.

Social Work Credits

Gundersen Lutheran, La Crosse, WI, provider #1089, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org, phone 800.225.6880, through the Approval Continuing Education (ACE) program. Gundersen Lutheran maintains responsibility for the program. Social workers participating in this course will receive 14 continuing education clock hours for RTS Bereavement Training and 7 for RTS Coordinator Training. The provider number for the Board of Behavioral Sciences for the state of California is #934. The contact hours are 14 and 7. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for licensure renewal.

Other Credits

Bereavement Services is a provider for the National Association for Catholic Chaplains offering 16.8 contact hours for RTS Bereavement Training and 8.4 contact hours for RTS Coordinator Training.

Other disciplines will receive a certificate of attendance.

ADEC Recognition

Bereavement Services courses are recognized by the Association for Death Education and Counseling to meet the thanatology-related contact hours necessary to be certified in thanatology: death, dying, and bereavement.

Content Experts

Rana Limbo, PhD, APRN, BC; Madonna Daley, MS, RN; Diane Midland, BSW, MS; Rev. Mark Hart, DMin, ACPE Supervisor, BCC.

Planning Committee

Rana Limbo, PhD, APRN, BC; Madonna Daley, MS, RN; Diane Midland, BSW, MS; Rev. Mark Hart, DMin, ACPE Supervisor, BCC, Laurie Bushek. Speakers vary due to program locations. Speaker credentials available upon request. Post test and evaluation are required for contact hours. Presenters claim no conflict of interest.

We'll come to you!

To find out how you can bring Bereavement Services training to your facility or community, contact Education Program Coordinator Laurie Bushek at 800.362.9567, ext. 53568. She'll be happy to help.

AGENDA

RTS Bereavement Training

DAY 1 (Lunch provided)

- 7:30am • Registration and continental breakfast
- 8:00am • Welcome and introduction
 - History of RTS
 - Program purpose
 - Role of RTS-trained staff
- The interdisciplinary team
- Theoretical framework for understanding attachment, grief, and perinatal loss
 - Pregnancy/attachment/parenting tasks
 - Understanding normal grief
- Theoretical framework for intervention
 - Theory of caring
 - Grief support
 - Uncomplicated/complicated grief
 - Referral/therapeutic process
- Understanding perinatal loss
 - Early pregnancy loss, stillbirth, and newborn death
 - Twin/higher order loss, teen pregnancy loss
- Parent panel: Parents share their experiences
- 4:30pm Adjourn

DAY 2 (Lunch provided)

- 7:30am • Continental breakfast
- 8:00am • Subsequent pregnancy
- Communicating with grieving families
- Initiating contact with bereaved parents
- Supporting bereaved parents, families, friends, and children
- Creating memories and picture taking
- Follow up
- Supporting yourself and colleagues
- 4:30pm Evaluation and adjourn

RTS Coordinator Training

(Lunch provided)

- 7:30am • Registration and continental breakfast
- 8:00am • Introduction, overview, and self-assessment
- Program implementation and change
- Conflicts and negotiations
- Conflict analysis and skill development
- Teaching strategies: Providing effective education
- Effective presentation skills
- Maintaining administrative support
- Goal setting, summary, and evaluation
- 4:30pm Adjourn

A Baby Dies...

Whether you're new to this experience, or you've been here many times before, you want to know you're providing the best care, saying the right things to a mother who's suffered unfathomable loss, actually helping the bereaved family. Join Bereavement Services National Faculty and other healthcare professionals to learn clinically effective and proven methods for helping in the best way possible.

Why You Should Attend

RTS Bereavement Training and RTS Coordinator Training will:

- Enhance your understanding of perinatal loss and its effect on parents and other family members.
- Increase your competence in delivering appropriate care and responding sensitively.
- Teach you the steps you can take to implement an effective program of bereavement care.
- Provide you with the knowledge and support you need to create a standard of care for families whose baby (ies) died..
- Help you teach your colleagues the things you've learned so together you can establish an effective bereavement care program and ensure it continues after you move on.
- Provide ongoing professional telephone support and offer access to professionally designed resource materials that will help you accomplish your mission.
- Ensure that the things you say and do are the things the family needs from their caregiver. As with all other Bereavement Services courses, RTS Bereavement Training and RTS Coordinator Training will help you comply with The Joint Commission standards for bereavement and end-of-life care.

Who Should Attend?

RTS Bereavement Training is intended for nurses and social workers, especially those who work in labor and delivery, postpartum and nursery, neonatal intensive care, Ob-Gyn clinic, outpatient surgery, inpatient surgery and recovery, and the emergency room. It is also intended for nurse midwives, physician assistants, ultrasonographers, clergy, chaplains, physicians, funeral directors, and others working in areas where losses occur.

RTS Bereavement Training

This 2-day workshop provides the insight, knowledge, and hands-on classroom experience to develop the skill you need to support families who have experienced an early pregnancy loss, stillbirth, or newborn death. You'll receive a training manual with current perinatal bereavement resources and standards of care for patients and their families...the kind of care that makes a difference.

Training Objectives

You will learn to do the following:

- Discuss the role of interdisciplinary teams in caring for grieving families.
- Provide a theoretical framework for understanding attachment, grief, and perinatal loss.
- Relate grief theory to caring for bereaved parents.
- Demonstrate communication skills helpful for interacting with grieving families.
- Describe appropriate interventions for responding to someone who has had an early pregnancy loss, stillbirth, or newborn death.
- Explain how children, family, and friends are affected by perinatal loss.
- Provide protocols and guidelines for consistent care and follow up after discharge.
- Identify needs of caregivers and describe ways to care for yourself.

RTS Coordinator Training

Prerequisite

RTS Bereavement Training

In this 1-day workshop, you'll learn the skills necessary to implement an interdisciplinary perinatal bereavement program. You'll learn how to use Bereavement Services resources to train staff members within your healthcare system and maintain perinatal bereavement care as a "standard of care." You'll also receive the RTS Coordinator's manual.

Training Objectives

You will learn to do the following:

- Discuss a framework for successful RTS bereavement care implementation.
- Describe elements of change theory.
 - Identify an effective approach to conflict management.
- Identify four characteristics of adult learners.
- Describe useful strategies for effective presentations.
- Identify four techniques for maintaining administrative support.

HOW TO REGISTER

Online: www.bereavementservices.org

Fax: 608.775.5137

Phone: 608.775.4747 or 800.362.9567
ext. 54747

Mail: Bereavement Services, 1900
South Ave., Mailstop ALEX, La Crosse,
WI 54601

Seating Is Limited. Sign up Today!

Payment: Full payment must be received two weeks prior to the conference. Pay by Visa, Mastercard, or check (payable to Bereavement Services). Registrations received after the two week deadline are subject to a \$50 penalty, and are payable by Visa, Mastercard, or Discover. (Registrations accepted on a first-come, first-served basis.)

Substitutions and Transfers: If you are registered and cannot attend, you can transfer your registration to a colleague in your institution up to two weeks prior to the conference for a \$25 administrative fee.

Cancellation Policy: We offer a full refund minus \$50 if you cancel up to two weeks prior to the conference. We offer a refund minus \$75 if you cancel within two weeks of the conference. We do not offer refunds if you fail to notify us that you cannot attend.

Conference Location Date

Check the training you are attending and let us know how many people are coming with you.

RTS Bereavement Training

_____ one attendee - \$395
_____ cosponsor organization employees - \$245 each
Group discount available when 2 or more from the same organization attend. Call for information.

RTS Coordinator Training

_____ one attendee - \$315
_____ cosponsor organization employees - \$195 each
Group discount available when 2 or more from the same organization attend. Call for information.

Total (US Dollars) = \$ _____

My form of payment is: Check
(payable to Bereavement Services)
MasterCard, Visa, Discover
Card #

Exp. Date _____

Name on card _____

Signature: _____

DEMOGRAPHICS

Name _____

Profession _____

Name (as you want it to appear on your certificate)

Place of Employment Department _____

Address & Mailstop _____

City State/Province Zip/Postal Code _____

Work Phone _____

Work Fax _____

Cell Phone _____

Home Phone _____

Home Address _____

City State/Province Zip/Postal Code _____

Preferred Email Address (indicate work or home)

Special Needs: _____

How did you hear about this training? Brochure, Referral, RTS Connection, Website, Postcard, Bereavement Services Email, Other: _____